

Amanae brochure – DRAFT 1 Copy ideas

AMANAEmotional Release Bodywork
Clearing the past, creating the future

Headlines:

Need a life changing experience?

Is fear stopping you from reaching your goals?

Tired of hearing those same old tapes in your head?

Find out what keeps you from being fully present in your life. Now let it go.

Tired of carrying all that baggage around?

Re-own your life

Release the traumatic memories lodged in your body

Release what is holding you back

Still letting the weight of the past hold you back? Now you can let it go, once and for all.

Amanae Emotional Release Bodywork is a potent combination of ancient and modern healing techniques designed to identify and clear deeply-held negative patterns to dramatically improve overall health and attitude toward life.

If you've tried psychotherapy, workaholicism, addictions, chronic illness, depression, or have just plain given up hope of ever breaking free of the repeating cycle of negative emotions and behaviors, now there is hope. Amanae Emotional Release Bodywork is an alternative treatment for the permanent release of deep pain and trauma. Amanae can liberate your body of its negative history fast, to help you create a future based on positive intention, not limiting negative patterns. Amanae is so powerful that breakthroughs often occur in a single session.

**Find out what's keeping you from being fully present in your life.
Then release it. [or: Then kiss it goodbye.]**

[Photo: practitioner working on someone on a massage table]

Amanae is hands-on, emotional release bodywork, opening energetic "doorways" to allow the release of fear, anger and trauma. Amanae is not clinical and cold, but heart-centered and supportive. Some of the issues that come up will be obvious to you; others held in the subconscious can only be identified and released with this work. Amanae takes place on a massage table, combining breathwork, chakra balancing, verbal toning and shamanistic healing. Amanae's great uniqueness is that it bypasses the mind and intellect, working directly with the body's cellular memory.

Reclaim your life with Amanae:

- Improve physical and emotional health without lengthy and expensive therapy

- Release chronic pains, phobias, fatigue, depression, addictions and neuroses
- Let go of the negative beliefs and false expectations that sabotage your life
- Create a new sense of being in your body
- Increase self-expression, intimacy, and clarity in career and relationships
- Become more present in each moment
- Allow your true expression in the world with emotional freedom
- Heal of trauma and abuse
- Get back in touch with the full range of your emotions.
- Feel joy again.
- Reconnect with your spiritual path

Amanae is not an ongoing therapy. You will often experience a “completion” of your critical life issues, even those you’ve been working on for years.

What happens in an Amanae session?

In a session, you begin on a massage table with the practitioner working on the heart. Moving to other areas of the body, we use a variety of techniques to coax the release of emotional blockages. We will “hold a safe space” for you to feel or experience the release and express it in whatever way is best suited to you. You will use a breathing technique that says “Yes” to the process. The release is often immediate, dramatic and euphoric. Afterwards, you will see a great change in how these “issues” affect you. They will not affect you with the same intensity. The purpose of this work is to return us to our natural state as free beings. While sometimes we are prisoners of emotions such as fear and shame, Amanae gives us tools to take action and allow us to do what we need to be doing in this world.

About Amanae

The Amanae Foundation, founded by Christine Day in 19XX, is committed to lovingly assisting people on their path of self-awareness and healing. Amanae offices are located in XX countries. Our Web site is www... Aviv Malca and Raanan Perry are certified Amanae practitioners and have conducted Amanae workshops since 19xx.

NEXT WORKSHOP [a whole panel]

3-DAY AMANAE INTENSIVE WORKSHOP
LOS ANGELES, California

[Event info]

This is a live-in workshop an intense experience in which to safely access, feel and release emotional baggage in three days of total freedom in a safe setting. You will learn Amanae techniques and receive treatment almost continuously. Be sure to expect a profound, direct experience. The energy produced in a group setting is a powerful tool for healing.

TO REGISTER

Make Check payable & send to:

Method of payment: Check or Money Order

Name:

Address:

Email:

Date of WS you sign up for:

FOR MORE INFORMATION CONTACT :

Testimonials

Amanae is so dramatic. I didn't expect to release so much. My emotions during the process ran the gamut. I was exhausted—and much lighter—afterwards. And I still feel that way, two months later.

--AAA SSS

A flow of memories were released, allowing me to experience events from my life in a multidimensional way, being the child that I was with understandings of the adult that I am.

--Jim Harris, teacher

"I had a feeling of being totally in my body, completely expressing my emotions, witnessing my mind thinking, and being aware of everything simultaneously.

--Julie Billings

Amanae is a way of re-owning your life, releasing blocks at the core of your being. I let go of the extra baggage I was carrying and now I can walk my own path again.

--Warren Goldie

...an incredibly powerful process. I feel totally reconnected with my spiritual path.

--Laurie Goldstein

My Amanae session went deeper than any other type of therapy I tried.

--SSS SSS

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